

Breathe

Breathe can be found at 1 Pen y Lan Road, Roath, Cardiff, CF24 3PG.

There are some parking spaces on Pen y Lan Road but quite a few require a permit / are for residents.

I recommend parking at Penylan Community Centre which is a 2 minute walk and free for 2 hours. You just need to get a ticket from the machine to say you'll only be there for 2 hours.

Please give yourself plenty of time to park up and get to class.

